

Strengths Required for Jobs and Careers

職場能力需求

Knowing yourself

- Where am I at now?
- Where do I want to be?
- What do I want out of a job or career?
- What do I like to do?
- What are my strengths?
- What is important to me?

Finding out

- Explore occupations that interest you and ask yourself how do my skills and interests match up with these occupations?
- Where are the gaps?
- What options do I have to gain these skills or qualify for these occupations?
- What skills do I need?
- Where is the work?

Making decision

- What are my best work/training options?
- How do they match with my skills, interests and values?
- How do they fit with the current labor market?
- How do they fit with my current situation and responsibilities?
- What are the advantages and disadvantages of each option?
- What will help and what will hinder me?
- What can I do about it?

Taking action

- What actions/steps will help me achieve my work, training and career goals?
- Where can I get help?
- Who will support me?

Strengths required

Technical Skills

- Training & Experiences
- Academic degrees
- Professional licenses

Ability of communication with others

- Language
- Social intercourse
- Presentation- oral and writing

Occupational Fields

- Engineering Industry
- Government
- Schools
- Research Institutes
- Others

Strengths Required

| Occupational Fields | Technical Skills | | | Ability of communication with others | | | |
|---------------------|------------------------|-------------------|-----------------------|--------------------------------------|---------------------|--------------|---------|
| | Training & Experiences | Academaic Degrees | Professional Licenses | Language | Social Intercourses | Presentation | |
| | | | | | | Oral | Writing |
| Egr. Industry | ▲ | × | ▲ | ▲ | ▲ | ▲ | ▲ |
| Govenrment | × | ▲ | ▲ | ▲ | × | ▲ | ▲ |
| Schools | × | ▲ | × | ▲ | × | ▲ | ▲ |
| Reseach Ins. | × | ▲ | × | ▲ | × | × | ▲ |

Conclusion

- Jobs and career selection
 - Know yourself – personal vision, needs, strengths
 - Find out – market place, skills required, gaps
 - Make decision – options assessment
 - Take action – self-strengthening, help and support
- Occupational fields/ Strengths required
 - Degrees
 - Language
 - Licenses
 - Presentation – oral, writing